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Conducting maximal and submaximal exercise testing to measure physiological and biological responses to acute exercise in humans

Author(s):

C.M. Inheatley, T. Kannen, S. Burnischlegl, C.M. Kim, D.A. Gartham, A.B. Dretz, B.D. Johnson, M.P. Gustafson

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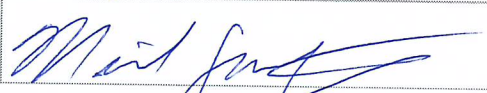
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CORRESPONDING AUTHOR:

Name: Michael Gustafson
Department: Lab Medicine and Pathology
Institution: Mayo Clinic - Arizona
Article Title: Conducting maximal and submaximal exercise testing to measure physiological and biological responses to acute exercise in humans.
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